*PROGRAMMA FITNESS NATALE 2013*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| *Orario* | *Lunedì**23.12.13* | *Venerdì**27.12.13* | *Sabato**28.12.13* | *Lunedì**30.12.13* | *Giovedì**02.01.14* | *Venerdì**03.01.14* | *Sabato**04.01.14* |
| *09:00 – 09:50* | **GYM ACQUA ALTA****BABI**  | **TAPIS CIRCUITO** **BABI** |  | **GYM ACQUA ALTA** **BABI BRANDI** | **ACQUASOFT****CRISTIANA** | **TAPIS CIRCUITO** **CRISTIANA** |  |
| *10:00 – 10:50* | **ACQUAGYM****BABI**  | **ACQUAGYM****BABI** | **ACQUAGYM****DEBY** | **ACQUAGYM****BABI BRANDI** | **ACQUAGYM****CRISTIANA** | **ACQUAGYM****CRISTIANA** | **ACQUAGYM****DEBY** |
| *11:00 – 11:50* | **BIKE + PINNE****BABI** | **BIKE + PINNE****BABI** |  | **BIKE + PINNE****MARI** |  | **BIKE + PINNE****CRISTIANA** |  |
| *12:OO – 13:00* |  |  | **PRE PARTO****MARI** |  | **PRE PARTO** **CRISTIANA** |  | **PRE PARTO** **CRISTIANA** |
| *13:00 – 13:50* | **ACQUAGYM** **BABI BRANDI** | **ACQUAGYM****BABI** |  | **ACQUAGYM** **BABI BRANDI** | **TAPIS CIRCUITO** **BABI BRANDI** | **ACQUAGYM****CRISTIANA** |  |
| *14:00 – 14:50* | **TAPIS CIRCUITO****BABI BRANDI** | **TAPIS CIRCUITO** **BABI** | **BIKE CIRCUIT0****DEBY** | **TAPIS CIRCUITO** **BABI BRANDI** | **ACQUAGYM****BABI BRANDI** | **TAPIS CIRCUITO** **CRISTIANA** | **BIKE CIRCUIT0****DEBY** |
| *18:00 – 18:50* | **JUMPING BAR****DEBY** | **TAPIS CIRCUITO****DEBY** |  | **JUMPING BAR****DEBY** | **BIKE CIRCUITO****DEBY** | **TAPIS CIRCUITO****DEBY** |  |
| *18:50 – 19:40* | **ACQUAGYM****DEBY** | **ACQUAGYM****DEBY** |  | **ACQUAGYM****DEBY** | **ACQUAGYM****DEBY** | **ACQUAGYM****DEBY** |  |
| *19:40 – 20:30* | **BIKE CIRCUITO****DEBY** | **BIKE CIRCUITO****DEBY** |  | **BIKE CIRCUITO****DEBY** | **JUMPING BAR****DEBY** | **BIKE CIRCUITO****DEBY** |  |

LA DIREZIONE SI RISERVA IL DIRITTO DI SOSPENDERE LE LEZIONI ALLE QUALI NON SI SIANO PRENOTATE ALMENO DUE PERSONE